

COUPLES SURVEY

Name:
Age:
Gender:

For each question below, check the box that best fits your opinion.

Question	Scale of Importance				
	Disagree	Somewhat disagree	Undecided	Mostly Agree	Agree
My partner values my opinions					
My partner trusts me					
My partner listens to me					
My partner makes enough time for me					
My partner ridicules me					
My partner is satisfied with our sex life					
My partner expresses love towards me regularly					
My partner is affectionate towards me					
My partner talks down to me often					
My partner does nice things for me					
My partner is critical of me or what I do					
My partner understands me					
My partner embarrasses me in public					
My partner gets angry easily					
My partner is concerned for my wellbeing					
My partner is supportive of my goals					
My partner finds me attractive					

Not an issue

COUPLES SURVEY-CONTINUE 2

Question	Scale of Importance					Not an Issue
	Disagree	Somewhat Disagree	Undecided	Mostly Agree	Agree	
I value my partners opinions						
I trust my partner						
I listen to my partner						
I make enough time for my partner						
I ridicule my partner						
I am satisfied with our sex life						
I expresses love towards my partner regularly						
I am affectionate towards my partner						
I often talk down to my partner						
I do nice things for my partner						
I am critical of my partner or what they do						
I understand my partner						
I embarrass my partner in public						
I get angry easily						
I am concerned for my partners wellbeing						
I am supportive of my partner's goals						

Use this area for additional comments or concerns.

COUPLES SURVEY-CONTINUE 3

Please mark the following questions in order of importance 1 being the most important.

1) The most important aspect of an intimate relationship is (1-7)

Sex Communication Physical intimacy Financial Support

Emotional Support Similar Values Shared interests

2) I feel the happiest when my partner (1-6)

Listens to me Is affectionate Gives me space

Spends time with me Shares in household duties Is happy

Please circle any that may apply

1) When we are intimate I feel:

*Safe *Insecure *Comfortable *Uncomfortable *Confident *Shame *Distant *Other _____

2) My partner and I share similar views on:

*Raising a family *Roles of extended family *Political views * Household duties

*Money management *Importance of religion *Independence *Work ethic * Other _____

3) During an argument, I'm most likely to want to:

*Withdraw *Get frustrated *Raise my voice *Cry *Physically leave *Talk it out

* Hurt my partner (Physically or emotionally) * Hurt Myself (Physically or emotionally) * Other _____

Please list 3 things you like about your partner

- 1) _____
- 2) _____
- 3) _____

Please list 3 things you like about yourself

- 1) _____
- 2) _____
- 3) _____

Please list 3 things you enjoy doing as a couple

- 1) _____
- 2) _____
- 3) _____

Please list 3 things you enjoy doing alone

- 1) _____
- 2) _____
- 3) _____